

Nourishing Black Girl Magic to Shine in the Light through Community,

Personal Wellness, and Land Justice



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Background Acquiring the resources and know-how to welcome positive change into my life gives me the opportunity, as a teacher. to share these practices with many of my students Educating them so that they can reap the profound benefits of a healthier lifestyle. Within Independence High's diverse student body. I am working with young black female students. Together we share a passion for art, personal wellness, as well as a desire to educate others about Land Justice. Collaborating with local artist Georgie Nakima. agricultural specialist Samantha Fox. The Black Farmers and Agriculturalist Associates and Black Girl Magic, CTI provides these brilliant young ladies, the Indy community, and the city of Mint Hill the mentorship necessary to continue to nourish and

grow for years to come!

Inspiration

My initial inspiration for this project came to me while reading Alice Walker's book. In Search of Our Mothers Gardens, which lead me down the path of searching for local Black Women that are Agriculturalists. Artist's. and Instagramers for Gardening in Charlotte, NC and the Carolinas. Access to Instagram made searching for and connecting with black women gardeners extremely easy. Those women responded by welcomed me into the culture The responses brought me much joy and lit my inner light! A light of inspiration I wish to share with my students at Independence High, with the intention to encourage them to participate in a supportive, growth community.

Agriculturist Samantha Foxx

My search moved from Instagram to digital articles where I gathered deeper information on North Carolina agriculturalist, Samantha Foxx, who has recently received much attention from the Kelly Clarkson show to Southern Living magazine. Foxx and Black Farmers are rebuilding their own, nearly lost foodways legacy by sharing her knowledge of agriculture, bees, and selling at Farmers Markets around the Carolinas. She is a big supporter of the Rosa Parks Farmers Market.

Walker, A. 1983. In Search of Our Mothers' Gardens. New York, NY: A Harvest Book Harcourt, INC https://doi.org/che

- 1. Who are the Young Women in the the Black Community of Charlotte, NC? The Artist? The Agriculturalist?
- 2. What is currently being done within the Black community that is working and why is it being successful? How can I apply this to my school to create a community where Black Girl Magic can shine?
- 3. How do the Arts connect to the community? How can it become a lasting, sustainable connection?



Rosa Parks

Atransformational
Educational
FARMERS MARKET

Samantha Foxx, a master beekeeper, started Mother's Finest Urban Farms three years ago in an effort to serve the local community, educate, and inspire people to look after the earth. Local Black Female
Artists (Georgie
Nakima, Janelle
Dunlap, & Sloane
Sioban) are working
to create a magnetic
environment for the
black community in
West Charlotte,
including Rose Parks
Famers Market! Art
is a sucessful tool
bringing back
together the

Local Farmers are educating their patrons about all the nutrient values of their produce and best ways to cook them at home with family! Communities are coming together to support each other!

Manifest Future: Reactivating Spaces

As an Artist, you always want to find other artists that you can connect with and learn from. While looking into the Rosa Parks Farmers Market, I came across a couple articles about Young Black Women Artists: Muralist Georgie Nakima. Afrofuturist Janelle Dunlap, and **BGM Studio Artist Sloane** Siobhan. These amazing artists are currently working on a project called Manifest Future. They paint murals to reactivate public spaces in the community of West Charlotte, NC. These ladies host paint parties for people of all ages. Georgie Nakima stated that she loves being able to teach her craft and skills to the next generation of black women. Her openness to teach her art is awe inspiring. She and the other ladies have began to create a lasting sense

of community through art!

Next Steps

Creating a gardening club, the focus group of black females regardless of background will contribute to a physical garden that supports a healthy lifestyle, while supporting personal growth.

- Use Instagram and teachers as resources to build a gardening community.
- Bring Samantha Foxx to work with students in garden club about how to be successful gardeners and to inspire that light inside them, like she did for me.
- Contact Georgie Nakima, Janelle Dunlap, and Sloane Siobhan to learn more about what makes them unique and how to connect with classroom.
- Invite guest speakers to help with the school beautification project.

