Strategies for Nonviolent Conflict Resolution

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Synopsis

Throughout the course of 10 weeks, during one class period of approximately 45 minutes per week, students will be asked to perform activities in the classroom, to complete readings from the text *Rhinos and Raspberries*, as well as to keep a reflection journal detailing their thoughts and experiences. The students will examine and participate in nonviolent conflict resolution in both real life and mock situations. This area of study would not only provide intervention for those already involved in conflict, but hopefully share nonviolent resolution before conflict begins. If students are able to effectively resolve their conflicts then they will not only have more friends, better self-esteem, and positive life skills, but they will also be able to better focus on classroom material.